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Instruction For Use  
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## ORG 528 Anti-Nucleosome

### NAME AND INTENDED USE

Anti-Nucleosome is an ELISA test system for the quantitative measurement of IgG class autoantibodies against Nucleosomes in human serum or plasma. This product is intended for professional in vitro diagnostic use only.

### SYMBOLS USED ON LABELS

IVD	In vitro diagnostic medical device	MICROPLATE	Microplate
Manufacturer		CALIBRATOR A	Calibrator
REF	Catalogue number	CALIBRATOR B	Calibrator
96	Sufficient for 96 determinations	CALIBRATOR C	Calibrator
LOT	Batch code	CALIBRATOR D	Calibrator
Use by		CALIBRATOR E	Calibrator
Temperature limitation		CALIBRATOR F	Calibrator
Consult instructions for use		CONTROL +	Control positive
Keep away from sunlight		CONTROL -	Control negative
Do not reuse		DILUENT	Sample Buffer
Date of manufacture		CONJUGATE	Enzyme Conjugate
		TMB	TMB Substrate
		STOP	Stop solution
		WASH	Wash Buffer
		RTU	Ready to use

### PRINCIPLE OF THE TEST

Human nucleosomes are bound to microwells.

Antibodies against the coated antigen, if present in diluted patient sample, bind to the respective antigen. Washing of the microwells removes unbound unspecific serum and plasma components. Horseradish peroxidase (HRP) conjugated anti-human antibodies immunologically detect the bound patient antibodies forming a conjugate/antibody/antigen complex. Washing of the microwells removes unbound conjugate. An enzyme substrate in the presence of bound conjugate hydrolyzes to form a blue colour. The addition of an acid stops the reaction forming a yellow end-product. The intensity of this yellow colour is measured photometrically at 450 nm. The amount of colour is directly proportional to the concentration of antibodies present in the original sample.

### SUMMARY AND EXPLANATION OF THE TEST

Antibodies directed against nucleosomes were first described in association with systemic lupus erythematosus (SLE) in 1957, at those times known as "LE cell factor". In 1986 Hardin suggested, that nucleosomes possibly were important antigens in generating antinuclear antibodies in SLE-patients. But only in 1995 nucleosomes were properly described as autoantigens in systemic autoimmune diseases. Today, anti-nucleosome antibodies are recognised to be especially prevalent in systemic lupus erythematosus and drug-induced lupus.

Nucleosomes mainly consist of an octamer of histones (four homo-dimers of H2A, H2B, H3, H4) around which 146 bp of DNA are wound twice. Histone H1 interacts with the nucleosome and together with linked-DNA connects neighbouring nucleosomes. Hence the nucleosome structure is important in the compaction of DNA in the nucleus. Anti-nucleosome-specific antibodies together with lupus anti-dsDNA and anti-histone antibodies directed towards nucleosomes belong to a broad anti-nucleosome antibody family. Systemic lupus erythematosus (SLE) is a chronic multisystemic disease with unknown aetiology. It is characterised by organ damage of vasculitis origin. The main clinical manifestations are renal diseases (50 %), skin rashes (70 %), arthralgia (90 %), involvement of the central nervous system (CNS) (30 %), polyserositis and cytopenia.

Due to the difficulty of diagnosing "SLE", 11 criteria were set up by the American College of Rheumatology (ACR), in 1982.



Of the above mentioned 11 criteria, at least 4 must be diagnosed in order to classify an SLE-patient. It could be demonstrated, that anti-nucleosome antibodies are detected in 84 - 88 % of patients with SLE. And a percentage of 16 - 30 % of patients with lupus has been reported to have anti-nucleosome antibodies without anti-dsDNA and anti-histone antibodies.

It has been reported that anti-nucleosome immunoglobulin G antibodies are a more sensitive marker of SLE than anti-dsDNA, and are almost exclusively found in lupus, scleroderma, and mixed connective tissue diseases. Furthermore, it has been shown recently, that antinuclear autoantibodies complexed to nucleosomes can bind to heparan sulphate in the glomerular basement membrane (GBM) via the histone part of the nucleosome in SLE nephritis.

Autoantibody prevalence to (values in %)

Diseases	dsDNA	ssDNA	Histone	SS-A	SS-B	Sm	RNP/Sm	Sci-70	Jo-1
Systemic lupus erythematosus (SLE)	> 90	> 90	30-50	10-30	30-50	10-30	10-30		
Drug-induced lupus (DIL)		30-50	50-90						
Sharp-syndrome / mixed connective tissue disease	10-30	10-30					> 90		
Rheumatoid arthritis	10-30	30-50	30-50	10-30					
Sjögren's syndrome	10-30	10-30		> 90	> 90				
Scleroderma	10-30	10-30		10-30				> 90	
Photosensitive dermatitis, dermatomyositis	10-30	10-30							50-90

## CONTENTS OF THE KIT

ORG 528	▽ 96	Sufficient for 96 determinations
<b>MICROPLATE</b>	1	One divisible microplate consisting of 12 modules of 8 wells each. Ready to use. Product code on module: <b>NUC</b>
<b>CALIBRATOR A</b>	1x 1.5 ml	Calibrator A 0 U/ml, containing serum/buffer matrix (PBS, BSA, detergent, NaN3 0.09%), yellow. Ready to use.
<b>CALIBRATOR B</b>	1x 1.5 ml	Calibrator B 12.5 U/ml, containing nucleosome antibodies in a serum/buffer matrix (PBS, BSA, detergent, NaN3 0.09%), yellow. Ready to use.
<b>CALIBRATOR C</b>	1x 1.5 ml	Calibrator C 25 U/ml, containing nucleosome antibodies in a serum/buffer matrix (PBS, BSA, detergent, NaN3 0.09%), yellow. Ready to use.
<b>CALIBRATOR D</b>	1x 1.5 ml	Calibrator D 50 U/ml, containing nucleosome antibodies in a serum/buffer matrix (PBS, BSA, detergent, NaN3 0.09%), yellow. Ready to use.
<b>CALIBRATOR E</b>	1x 1.5 ml	Calibrator E 100 U/ml, containing nucleosome antibodies in a serum/buffer matrix (PBS, BSA, NaN3 0.09%), yellow. Ready to use.
<b>CALIBRATOR F</b>	1x 1.5 ml	Calibrator F 200 U/ml, containing nucleosome antibodies in a serum/buffer matrix (PBS, BSA, detergent, NaN3 0.09%), yellow. Ready to use.
<b>CONTROL +</b>	1x 1.5 ml	Control positive, containing nucleosome antibodies in a serum/buffer matrix (PBS, BSA, detergent, NaN3 0.09%), yellow. Ready to use. The concentration is specified on the certificate of analysis.
<b>CONTROL -</b>	1x 1.5 ml	Control negative, containing nucleosome antibodies in a serum/buffer matrix (PBS, BSA, detergent, NaN3 0.09%), yellow. Ready to use. The concentration is specified on the certificate of analysis.
<b>DILUENT</b>	20 ml	Sample Buffer PD, containing PBS, BSA, detergent, preservative sodium azide 0.09%, yellow, concentrate (5 x).
<b>CONJUGATE</b>	15 ml	Enzyme Conjugate containing anti-human IgG antibodies, HRP labelled; PBS, BSA, detergent, preservative ProClin 0.05%, light red. Ready to use.
<b>TMB</b>	15 ml	TMB Substrate; containing 3,3', 5,5'- Tetramethylbenzidin, colorless. Ready to use.
<b>STOP</b>	15 ml	Stop solution; contains acid. Ready to use.
<b>WASH</b>	20 ml	Wash Buffer, containing Tris, detergent, preservative sodium azide 0.09%; 50 x conc.
	1	Instruction for Use: ELISA Mini-DVD
	1	Certificate of Analysis

## MATERIALS REQUIRED

- Microplate reader capable of endpoint measurements at 450 nm; optional: reference filter at 620 nm
  - Data reduction software
  - Multi-channel dispenser or repeatable pipette for 100 µl
  - Vortex mixer
  - Pipettes for 10 µl, 100 µl and 1000 µl
  - Laboratory timing device
  - Distilled or deionised water
  - Measuring cylinder for 1000 ml and 100 ml
  - Plastic container for storage of the wash solution
- This ELISA assay is suitable for use on open automated ELISA processors. Each assay has to be validated on the respective automated system. Detailed information is provided upon request.

## SPECIMEN COLLECTION, STORAGE AND HANDLING

- Collect whole blood specimens using acceptable medical techniques to avoid hemolysis.
- Allow blood to clot and separate the serum or plasma by centrifugation.
- Test serum should be clear and non-hemolyzed. Contamination by hemolysis or lipemia should be avoided, but does not interfere with this assay.
- Specimens may be refrigerated at 2-8°C for up to five days or stored at -20°C up to six months.
- Avoid repetitive freezing and thawing of serum or plasma samples. This may result in variable loss of antibody activity.
- Testing of heat-inactivated sera is not recommended.

## STORAGE AND STABILITY

- Store test kit at 2-8°C in the dark.
- Do not expose reagents to heat, sun, or strong light during storage and usage.
- Store microplate sealed and desiccated in the clip bag provided.
- Shelf life of the unopened test kit is 18 months from day of production.  
Unopened reagents are stable until expiration of the kit. See labels for individual batch.
- Diluted Wash Buffer and Sample Buffer are stable for at least 30 days when stored at 2-8°C.  
We recommend consumption on the same day.

## PROCEDURAL NOTES

- Do not use kit components beyond their expiration dates.
- Do not interchange kit components from different lots and products.
- All materials must be at room temperature (20-28°C) prior to use.
- Prepare all reagents and samples. Once started, perform the test without interruption.
- Double determinations may be done. By this means pipetting errors may become obvious.
- Perform the assay steps only in the order indicated.
- Always use fresh sample dilutions.
- Pipette all reagents and samples into the bottom of the wells.
- To avoid carryover or contamination, change the pipette tip between samples and different kit controls.
- Wash microwells thoroughly and remove the last droplets of wash buffer.
- All incubation steps must be accurately timed.
- Do not re-use microplate wells.

## WARNINGS AND PRECAUTIONS

- All reagents of this kit are intended for professional in vitro diagnostic use only.
- Components containing human serum were tested and found negative for HBsAg, HCV, HIV1 and HIV2 by FDA approved methods. No test can guarantee the absence of HBsAg, HCV, HIV1 or HIV2, and so all human serum based reagents in this kit must be handled as though capable of transmitting infection.
- Bovine serum albumin (BSA) used in components has been tested for BSE and found negative.
- Avoid contact with the substrate TMB (3,3',5,5'-Tetramethyl-benzidine).
- Stop solution contains acid, classification is non-hazardous. Avoid contact with skin.
- Control, sample buffer and wash buffer contain sodium azide 0.09% as preservative. This concentration is classified as non-hazardous.
- Enzyme conjugate contains ProClin 0.05% as preservative. This concentration is classified as non-hazardous.

During handling of all reagents, controls and serum samples observe the existing regulations for laboratory safety regulations and good laboratory practice:

- First aid measures: In case of skin contact, immediately wash thoroughly with water and soap. Remove contaminated clothing and shoes and wash before reuse. If system fluid comes into contact with skin, wash thoroughly with water. After contact with the eyes carefully rinse the opened eye with running water for at least 10 minutes. Get medical attention if necessary.
  - Personal precautions, protective equipment and emergency procedures:  
Observe laboratory safety regulations. Avoid contact with skin and eyes. Do not swallow. Do not pipette by mouth. Do not eat, drink, smoke or apply makeup in areas where specimens or kit reagents are handled. When spilled, absorb with an inert material and put the spilled material in an appropriate waste disposal.
  - Exposure controls / personal protection: Wear protective gloves of nitril rubber or natural latex.  
Wear protective glasses. Used according to intended use no dangerous reactions known.
  - Conditions to avoid: Since substrate solution is light-sensitive. Store in the dark.
  - For disposal of laboratory waste the national or regional legislation has to be observed.
- Observe the guidelines for performing quality control in medical laboratories by assaying control sera.

## PREPARATION OF REAGENTS

### WASH

Dilute the contents of one vial of the buffered wash solution concentrate (50x) with distilled or deionised water to a final volume of 1000 ml prior to use.

### DILUENT

Sample Buffer PD Prior to use dilute the contents (20 ml) of one vial of sample buffer 5x concentrate with distilled or deionised water to a final volume of 100 ml.

### Preparation of samples

Dilute patient samples 1:100 before the assay: Put 990 µl of prediluted sample buffer in a polystyrene tube and add 10 µl of sample. Mix well. Note: Calibrators / Controls are ready to use and need not be diluted.

## TEST PROCEDURE

Prepare enough microplate modules for all calibrators / controls and patient samples.

- Pipette **100 µl** of calibrators, controls and prediluted patient samples into the wells.  
Incubate for **30 minutes** at room temperature (20-28 °C).  
Discard the contents of the microwells and **wash 3 times** with **300 µl** of wash solution.
- Dispense **100 µl** of enzyme conjugate into each well.  
Incubate for **15 minutes** at room temperature.  
Discard the contents of the microwells and **wash 3 times** with **300 µl** of wash solution.
- Dispense **100 µl** of TMB substrate solution into each well.  
Incubate for **15 minutes** at room temperature
- Add 100 µl** of stop solution to each well of the modules  
Incubate for **5 minutes** at room temperature.  
Read the optical density at 450 nm (reference 600-690nm) and calculate the results.  
The developed colour is stable for at least 30 minutes. Read during this time.

Example for a pipetting scheme:

	1	2	3	4	5	6	7	8	9	10	11	12
A	A	P1										
B	B	P2										
C	C	P3										
D	D											
E	E											
F	F											
G	C+											
H	C-											

P1, ... patient sample A-F calibrators C+, C- controls

## VALIDATION

Test results are valid if the optical densities at 450 nm for calibrators / controls and the results for controls comply with the reference ranges indicated on the Certificate of Analysis enclosed in each test kit.

If these quality control criteria are not met the assay run is invalid and should be repeated.

## CALCULATION OF RESULTS

For quantitative results plot the optical density of each calibrator versus the calibrator concentration to create a calibration curve. The concentration of patient samples may then be estimated from the calibration curve by interpolation.

Using data reduction software a 4-Parameter-Fit with lin-log coordinates for optical density and concentration is the data reduction method of choice.

## PERFORMANCE CHARACTERISTICS

### Calibration

This assay system is calibrated in relative arbitrary units, since no international reference preparation is available for this assay.

### Measuring range

The calculation range of this ELISA assay is 0 - 200 U/ml

### Expected values

In a normal range study with samples from healthy blood donors the following ranges have been established with this ELISA assay: Cut-off 20 U/ml

### Interpretation of results

Negative: < 20 U/ml  
Positive: ≥ 20 U/ml

### Linearity

Patient samples containing high levels of specific antibody were serially diluted in sample buffer to demonstrate the dynamic range of the assay and the upper / lower end of linearity. Activity for each dilution was calculated from the calibration curve using a 4-Parameter-Fit with lin-log coordinates.

Sample	Dilution	Observed U/ml	Expected U/ml	O/E [%]
1	1:100	94.3	94.3	100
.	1:200	50.3	47.2	107
.	1:400	23.6	23.6	100
.	1:800	12.4	11.8	105
2	1:100	89.6	89.6	100
.	1:200	43.8	44.8	98
.	1:400	24.0	22.4	107
.	1:800	13.1	11.2	117

### Limit of detection

Functional sensitivity was determined to be: 0.5 U/ml

### Reproducibility

Intra-assay precision: Coefficient of variation (CV) was calculated for each of three samples from the results of 24 determinations in a single run. Results for precision-within-assay are shown in the table below.

Inter-assay precision: Coefficient of variation (CV) was calculated for each of three samples from the results of 6 determinations in 5 different runs. Results for run-to-run precision are shown in the table below.

Intra-Assay		
Sample	Mean U/ml	CV %
1	26.0	4.5
2	61.0	3.1
3	114.0	6.4

Inter-Assay		
Sample	Mean U/ml	CV %
1	29.0	12.4
2	68.0	7.3
3	138.0	5.2

### Interfering substances

No interference has been observed with haemolytic (up to 1000 mg/dl) or lipemic (up to 3 g/dl triglycerides) sera or plasma, or bilirubin (up to 40 mg/dl) containing sera or plasma. Nor have any interfering effects been observed with the use of anticoagulants (Citrate, EDTA, Heparine). However for practical reasons it is recommended that grossly hemolyzed or lipemic samples should be avoided.

## Study results

Study population	n	n Pos	%
SLE	110	107	97.3
Rheumatoid Arthritis	20	0	0.0
Normal human sera	200	7	3.5

		Clinical Diagnosis		
		Pos	Neg	
ORG 528	Pos	107	7	
	Neg	3	213	
		110	220	330

Sensitivity: 97.3 %

Specificity: 96.8 %

Overall agreement: 97.0 %

## LIMITATIONS OF THE PROCEDURE

This assay is a diagnostic aid. A definite clinical diagnosis should not be based on the results of a single test, but should be made by the physician after all clinical and laboratory findings have been evaluated concerning the entire clinical picture of the patient. Also every decision for therapy should be taken individually.

The above pathological and normal reference ranges for antibodies in patient samples should be regarded as recommendations only. Each laboratory should establish its own ranges according to ISO 15189 or other applicable laboratory guidelines.

## REFERENCES

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